

2nd ANNUAL OLDER ADULT SUMMIT

April 5, 2018

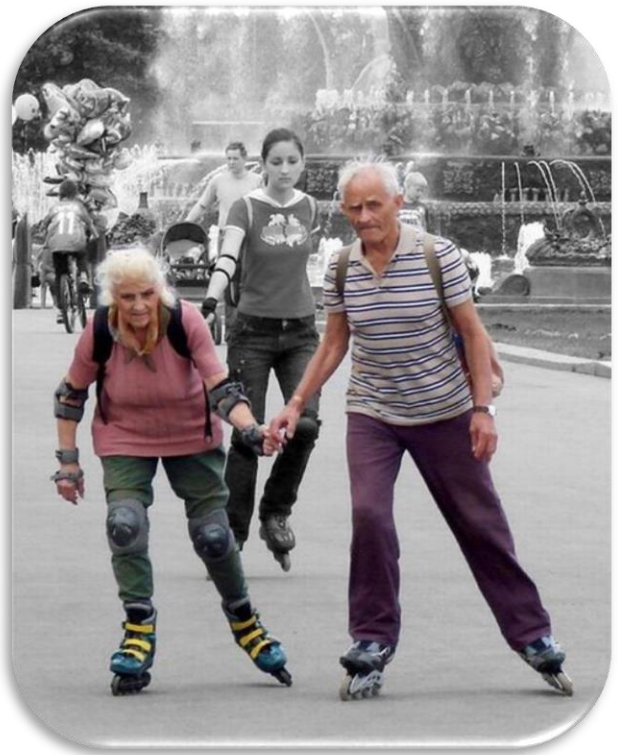
“Aging with a Purpose...

“Enhancing the lives of Older Adults through Empowerment,
Engagement, and Active Living”



Los Angeles





AGING WITH A PURPOSE

WELCOME

WELCOME TO THE CITY OF PASADENA, CALIFORNIA



Los Angeles' 2nd Annual Older Adult Summit, April 5, 2018

The Older Adult Summit (OAS) is part of Purposeful Aging Los Angeles (PALA). PALA is an Age-Friendly Initiative that seeks to prepare the Los Angeles region for a rapidly aging population through an innovative, sustained effort that unites public and private leadership, resources, and strategies. PALA will improve the lives of older adults and ensure a better future for residents of all ages in the Los Angeles region. PALA was launched in 2016 by the County and City of Los Angeles, AARP, the Milken Institute Center for the Future of Aging, the USC Leonard Davis School of Gerontology and the UCLA Los Angeles Community Academic Partnership for Research in Aging.

In 2016, the Mayor of the City of Los Angeles and the Board of Supervisors of Los Angeles County together announced a groundbreaking initiative – *Purposeful Aging Los Angeles* – to improve lives and engage the largest and most diverse population of older adults in America. OAS is intended to take awareness of *Purposeful Aging Los Angeles* to the next level.

The goal of this Summit is to provide a venue that will expose older adults and their caregivers to current information, research findings, and practical tools to enhance the participants' capabilities to plan and prepare for, respond to, life changing situations while also being provided with resources and services that enhance their quality of life. The Summit agenda has been carefully crafted to raise and address a variety of issues that present challenges for the field of Aging. The Summit workshops, plenary panels, interactive sessions, sharing session discussions, have been selected to increase the knowledge base of attendees, promote the learning and development of new skills, and move the field of Aging forward, striking a balance between advocacy and service delivery.

WE WELCOME YOU



Terry Tornek, Mayor
City of Pasadena



Eric Garcetti, Mayor
City of Los Angeles



Sheila Kuehl,
Chairman of the Board
3rd District



Kathryn Barger,
Supervisor
5th District



Cynthia D. Banks,
Director
Workforce
Development, Aging
and Community
Services



Laura Trejo,
General Manager
LA City Department
of Aging

PASADENA CONVENTION CENTER WELCOME



DIRECTIONS

From the 210 westbound

Take the 210 freeway west to the Fair Oaks/Marengo exit. Turn left on Marengo and proceed 4 blocks to Green Street. Turn left onto Green Street, the Pasadena Convention Center is located on the right-hand side at 300 E. Green.

From the 210 southbound

Take the 210 freeway south to the Colorado Blvd exit on to St John Ave. Continue south on St John past Colorado Blvd and turn left onto Green Street. Travel five blocks east on Green Street. The Pasadena Convention Center is located on the right-hand side at 300 E. Green.

From the 134 eastbound

Take the 134 east to the 210 east and exit at Fair Oaks/Marengo. Turn right on Marengo and proceed 4 blocks to Green Street. Turn left onto Green Street. The Pasadena Convention Center is located on the right-hand side at 300 E. Green.

From the 110 northbound

Take the 110 freeway north to the end of the freeway. Proceed north on Arroyo Parkway. Turn right onto Green Street. The Pasadena Convention Center is located two blocks down on the right-hand side at 300 E. Green.



OFFICE OF THE MAYOR

April 5, 2018

To the attendees of the Older Adult Summit:

Best wishes for a rewarding and successful time as you attend the 2018 Older Adult Summit:
"Aging with a Purpose ...Enhancing the Lives of Older Adults through Empowerment, Engagement and Active Living."

The Summit is part of Purposeful Aging Los Angeles (PALA), which was launched in 2016 by the County and City of Los Angeles, AARP, the Milken Institute Center for the Future of Aging, the USC Leonard Davis School of Gerontology and the UCLA Los Angeles Community Academic Partnership for Research in Aging.

PALA is an age-friendly initiative that seeks to prepare the Los Angeles region for a rapidly aging population through an innovative, sustained effort that unites public and private leadership, resources and strategies, and is geared toward improving the lives of older adults and ensuring a better future for residents of all ages in the Los Angeles region.

I am delighted that you have chosen to convene at the Pasadena Civic Auditorium, and confident that you will have a productive and successful event. Best wishes for an enjoyable time.

Sincerely,

TERRY TORNEK
Mayor, City of Pasadena



April 5, 2018

Dear Friends:

On behalf of the City of Los Angeles, welcome to the 2nd Annual Older Adult Summit.

Los Angeles is home to more than one-half million residents aged 60 or older, and that number is expected to double over the next two decades.

I am strongly committed to honoring our older adult population and that is why in 2016, I issued Executive Directive 17, instructing our City departments to consider older Angelenos as they develop their policies and programs. Since then, we have implemented exciting new changes, such as offering free classes and activities to older adults at our Recreation and Park's Wellness sites, providing onsite library services to homebound older adults, and identifying improvements in the City's transportation operations.

Because the challenges of an aging population go beyond our city's limits, the City and the County of Los Angeles have partnered to launch the Purposeful Aging Los Angeles Initiative. Since our launch, thousands have completed a robust survey that asked residents to share their needs and aspirations for an age-friendly city. We have engaged experts to help develop recommendations based on that feedback and are continuing to work with our City departments to address our aging population's needs. Our efforts to engage diverse internal and external stakeholders and community members will help inform City and County leaders in developing a three-year "Age Friendly Action Plan" for the Los Angeles region, which will be implemented from 2018 to 2021.

We are committed to serving our older adult population and I ask each and every one of you here today to join me in this important work. Best wishes for a memorable event and for your continued success.

Sincerely,

A handwritten signature in blue ink, appearing to read 'E. Garcetti', with a stylized flourish at the end.

ERIC GARCETTI

Mayor, City of Los Angeles



Los Angeles County Supervisor, District 3



April 5, 2018

Dear Constituents of Los Angeles,

On behalf of the Los Angeles County Board of Supervisors, it is my pleasure to welcome you all to the 2nd Annual Older Adult Summit at the Pasadena Convention Center in Pasadena, California.

This summit is part of a landmark initiative, Purposeful Aging Los Angeles, which was launched on May 18, 2016. The mission of the Purposeful Aging Los Angeles – An Age-Friendly Initiative – is to prepare the Los Angeles Region for a rapidly aging population through an innovative, sustained initiative that unites public and private leadership, resources, ideas and strategies. The older adult population (65 years and above) in the Los Angeles region is expected to double between 2010 and 2030, from approximately 1.1 million to more than 2.2 million people. With such a rapidly growing older adult population, we must prepare our communities for the future of aging, and that is what Purposeful Aging Los Angeles is endeavoring to achieve.

The goal of the Older Adult Summit is to provide a wealth of information on various services across the Los Angeles region that are offered to you. Today, you will be exposed to vital information and practical tools that enhance the quality of your life as you age gracefully.

I hope that you will enjoy the summit and that you will take with you the tools and informational resources necessary to live healthy lives!

Sincerely,



Supervisor Sheila Kuehl

Supervisor, District 3

Los Angeles County Board of Supervisors



PURPOSEFUL AGING | AN AGE-FRIENDLY INITIATIVE LOS ANGELES



Press Conference - May 18, 2016
Mayor Eric Garcetti and Supervisor Hilda Solis



LOS ANGELES COUNTY COMMISSION FOR OLDER ADULTS

Welcomes you to the 2018 Older Adult Summit!



1ST Vice President Kyo Paul Jhin, President Diana Love, 2nd Vice President Charles Mitchell, Secretary Arlene Okamoto,

Fiscal Officer Helen Romero Shaw, and Past President Linda Yamauchi

The Los Angeles County Commission for Older Adults (LACCOA) is proud to be ambassadors for the 2018 Older Adult Summit. We welcome you to take advantage of the many resources available today to continue “Aging with a Purpose”.

The mission of LACCOA is to advocate, advise and make recommendations regarding the needs and welfare of Los Angeles County older adults ages 60 and older, to the Los Angeles County Board of Supervisors (Board of Supervisors) and departments of County government and other entities that provide services to older adults regarding their needs, health, well-being, and rights.

April 5, 2018



Dear Constituents of Los Angeles,

Workforce Development, Aging and Community Services (WDACS) and the Los Angeles City Department of Aging (LACDA) would like to welcome you to the 2nd Annual Older Adult Summit! We are excited that you have joined our efforts to transform the lives of our older adult population. This is a great opportunity to learn about the various services available to you and or your loved ones.

This unique summit is a collaborative effort of stakeholders from the aging and long-term care communities and is co-sponsored by *Purposeful Aging Los Angeles* initiative of the County of Los Angeles, City of Los Angeles, AARP California, the Milken Institute, USC Leonard Davis School of Gerontology and UCLA Los Angeles Community Academic Partnership for Research and Aging (L.A. CAPRA).

The goal of the Older Adult Summit is to provide a venue for older adults 55 and over and/or their caregivers from across the County to be engaged in active living and be informed of the variety of programs and services that are available to enhance the quality of their life as they age. Participants will be provided with informational resources and practical tools that enhance their capabilities to plan, prepare for, and respond to life changing situations.

The Summit plenary sessions and workshops are carefully designed to increase the knowledge base of attendees, promote the learning and development of new skills, and move the field of Aging forward, striking a balance between advocacy and service delivery.

We hope you will take full advantage of the opportunities to learn, network, and leave this summit with the wealth of knowledge about the services available to you and/or your loved ones!

Sincerely,

Cynthia D. Banks

Director, County of Los Angeles
Workforce Development, Aging and Community Services

Laura Trejo

General Manager, City of Los Angeles
Department of Aging



BOARD OF SUPERVISORS



HILDA L. SOLIS **Supervisor, First District**



Supervisor Hilda L. Solis was sworn in as Los Angeles County Supervisor for the First District of Los Angeles County on December 1, 2014. Supervisor Solis' priorities included expanding access to affordable health care, protecting the environment, and improving the lives of working families. A recognized leader on clean energy jobs, she authored the Green Jobs Act which provided funding for "green" collar job training for veterans, displaced workers, at risk youth, and individuals in families under 200 percent of the federal poverty line.

MARK RIDLEY-THOMAS **Supervisor, Second District**



Since his election in 2008, and reelected in 2012 and 2016 to the Los Angeles County Board of Supervisors, Mark Ridley-Thomas has distinguished himself as a strong advocate for more than two million Second District residents. He presently serves as a board member of L.A. Care and the Los Angeles County Metropolitan Transportation Authority. He also sits on the Los Angeles Memorial Coliseum Commission.

JANICE HAHN **Supervisor, Fourth District**

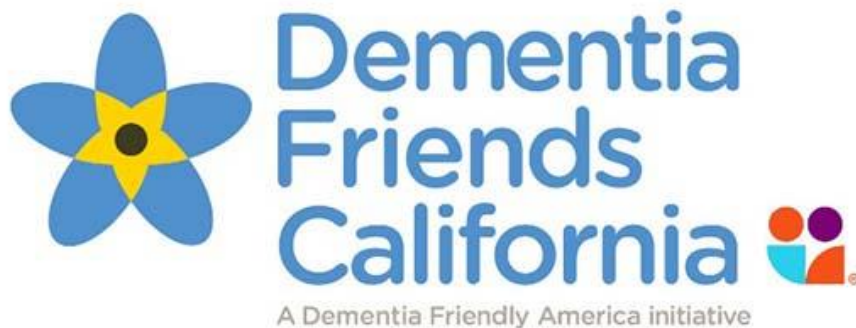


Los Angeles County Supervisor Janice Hahn inherited a passion for public service from her late-father, Supervisor Kenneth Hahn, who held public office in Los Angeles County for 50 years, and who left behind an incredible legacy of service. As Supervisor for the Fourth District, she is making addressing the homelessness crisis her top priority. She also is working to step up the fight for environmental justice for communities plagued by pollution and health problems.

KATHRYN BARGER **Supervisor, Fifth District**



Supervisor Kathryn Barger proudly serves the residents of Los Angeles County's 5th Supervisorial District — the county's largest — spanning 2800 square miles, which includes 22 cities and 70 unincorporated communities in the San Gabriel, San Fernando, La Crescenta, Santa Clarita and Antelope Valleys. She is an advocate for the environment and efforts to preserve open space, enhance parks, trails, recreational programs and facilities; and strongly supports libraries and after-school programs to serve local communities.



What is Dementia Friends USA?

Dementia Friends USA is a global movement that is changing the way people think, act, and talk about dementia. Developed by the Alzheimer's Society in the United Kingdom, the Dementia Friends initiative is underway in the USA. By helping everyone in a community understand what dementia is and how it affects people, each of us can make a difference for people touched by dementia.

Sponsored by the Los Angeles Purposeful Aging Initiative, in partnership with Los Angeles County and the City of Los Angeles, [Alzheimer's Greater Los Angeles is proud to serve as the state lead of the Dementia Friends USA in California.](#)

What is a Dementia Friend?

A Dementia Friend is someone who, through viewing a series of online videos, learns about what it's like to live with dementia and then turns that understanding into action. From telling friends about the Dementia Friends program to visiting someone who is living with dementia, every action counts. Anyone of any age can be a Dementia Friend – [we all have a part to play in creating dementia friendly communities!](#)

Go to:

<http://dementiafriendsusa.org/become-friend>

to become a Dementia Friend

Questions? Contact us at advocacy@alzgla.org for more information.



SCHEDULE

8:00 a.m. to 9:00 a.m.

 **REGISTRATION / CONTINENTAL BREAKFAST**

 **EXHIBIT HALL OPENS AT 10:30 AM**

 **LOS ANGELES COUNTY FIRE DEPARTMENT
COLOR GUARD**

9:00 a.m. to 10:00 a.m.

 **OPENING REMARKS AND WELCOME/ *Ballroom***

- **Terry Tornek, Mayor**
City of Pasadena
- **Eric Garcetti, Mayor**
City of Los Angeles
- **Supervisor Hilda L. Solis**
Los Angeles County
1st Supervisorial District
- **Supervisor Janice Hahn**
Los Angeles County
4th Supervisorial District
- **Jackie Lacey, District Attorney**
Los Angeles County
- **Jeffrey Prang, Assessor**
Los Angeles County
- **Sachi A. Hamai, Chief Executive Officer**
Los Angeles County
- **Jonathan Sherin, M.D., Ph.D., Director**
Los Angeles County Mental Health
- **Cynthia D. Banks, Director**
Workforce Development, Aging and Community
Services
- **Laura Trejo, General Manager**
Los Angeles City Department of Aging

 **KEY NOTE SPEAKER**

- **Laura Mosqueda, MD / *Ballroom***
Keck School of Medicine of USC

SCHEDULE

10:00 a.m. to 11:00 a.m.

GENERAL SESSION / Ballroom

Advocacy – Dementia Friendly LA and Brain Health

- **Kelly Honda, Public Policy Manager**
Alzheimer's Greater Los Angeles
- **Susan Howland, MSG**
Alzheimer's Greater Los Angeles

11:00 a.m. to 11:45 a.m.

WORKSHOPS

- | | |
|--|-----------------|
| ▪ Property Taxes | Ballroom |
| ▪ AGEnts for Change | Room F |
| ▪ Healthy Living | Room G |
| ▪ Resiliency | Room H |
| ▪ If you've served, you've earned!
Workshop in the Exhibit Hall | |

12:00 p.m. to 1:00 p.m.

LUNCH & NETWORKING

1:00 p.m. to 1:45 p.m.

WORKSHOPS

- | | |
|--|-----------------|
| ▪ Aging in Place | Room F |
| ▪ Older Adult Scams | Room G |
| ▪ Proud to Be Out | Room H |
| ▪ Medicare! Know Your Rights! | Ballroom |
| ▪ If you've served, you've earned!
Workshop in the Exhibit Hall | |

2:00 p.m. to 3:00 p.m.

GENERAL SESSION – CLOSING / Ballroom

Having a Positive Attitude!

Emergency Preparedness – Be Prepared!

- **Jeffrey Reeb, Director**
Office of Emergency Management
- **Freddie Segal-Gidan, Ph.D.**
USC Leonard Davis School of Gerontology

MORNING WORKSHOPS

AGEnts for Change

Presented by Justice in Aging and St. Barnabas

ROOM F



Workshop Description: Ever feel ignored or have your needs go unmet but not know what to do about it? Ever wonder how you can start to be an advocate? In potentially challenging times, the importance of advocacy – particularly self-advocacy – cannot be over-emphasized. Your voice and your stories need to be heard. This workshop session is intended to introduce advocacy for beginners and will include personal stories of how people became advocates. It also will highlight different ways you can take action and opportunities for advocacy, both in your everyday life and as part of a more organized system. Advocacy is something everyone can do.

Property Taxes 101

Presented by Los Angeles County Treasure and Tax Collector and the Office of the Assessor

BALLROOM



Workshop Description: An overview of the billing and payment processing for Secured Property Taxes. The workshop will also include valuable information for property owners about various programs, payment methods, payment plans, Homeowner's Exemptions, Parent-to-Child transfers, Grandparent-to-Grandchild transfers, and Senior Dwelling Replacement Benefits.

MORNING WORKSHOPS

Healthy Living and Nutrition

Presented by SNAP Ed

ROOM G



Workshop Description: This is an interactive nutrition and physical activity demonstration (workshop) based on USDA-funded Supplemental Nutrition Assistance Program Education (SNAP-Ed) evidence-based curricula. SNAP-Ed is an evidence-based program designed to impact the knowledge, behaviors, and environment of culturally diverse low-income older adults who frequent Older Americans Act (OAA) Title IIIC Congregate Meal sites in Los Angeles County. Consulting Nutritional Services (CNS) has an extensive history of working with older adults and has provided Dietary Administrative Support Services (DASS) program services for the Los Angeles County Area Agency on Aging (AAA) since 1990.

Resiliency – Coping with Stress

Presented by Los Angeles County Department of Mental Health

ROOM H

Workshop Description: We all have challenging events that occur in our lives, but how can we better cope with the stress of these life events? Resilience is an ability that can be developed in anyone. Learn tips on cultivating this valuable skill! Previous research has shown that cumulative adversity and stress often leads to an increase in mental health symptoms in older adults. Research suggests that psychological resilience may mitigate these negative effects in older adults. Research findings point to many behavioral variables that increase psychological resilience like fostering a positive and optimistic attitude, increasing positive emotions, and expanding social support networks.



MORNING WORKSHOP

If you've served, you've earned!

**Presented by Los Angeles County Military Veterans Affairs
EXHIBIT HALL**

Workshop Description: If you've served, you've earned. The County of Los Angeles Department of Military and Veterans Affairs (DMVA) will present on the many veteran benefits available. Our Accredited counselors will discuss the eligibility requirements and opportunities for Veteran Pensions, Dependent College Fee Waivers, Aid and Attendance, Veteran Identifiers on California licenses, and much more.



A Salute to all our Men and Women in Uniform
Thank You for Your Service!



AFTERNOON WORKSHOPS

Medicare! Know Your Rights!



Presented by The Center for Health Care Rights

BALLROOM A-E

Workshop Description: This workshop will review how Medicare will replace the current Medicare card with a new card that is designed to reduce identity theft and Medicare fraud. The workshop will also discuss new expanded Medi-Cal dental transportation benefits and how they benefit older adults who have Medi-Cal.

Proud to Be Out

Presented by the Care Plan

ROOM H

Workshop Description: Curious about what aging as an LGBTQ adult can look like? Are you in need of resources for yourself or a friend? This workshop will provide the tools needed to plan for future challenges. Learn what concerns face LGBTQ older adults, strategies for successful aging and area resources to support care needs. Proud to Be Out is an informative and interactive experience designed to enhance the aging experience for LGBTQ individuals and communities. This is aging on your terms.



AFTERNOON WORKSHOPS

Aging in Place – Services available to YOU



Presented by Workforce Development, Aging and Community Services ROOM F

Workshop Description: The Los Angeles County Department of Workforce Development, Aging and Community Services (WDACS) and the City of Los Angeles work to enhance the well-being of all residents and generations. Through the Area Agency on Aging and the Adult Protective Services Divisions, life-enhancing services are provided to older adults. In addition, investigations on abuse claims against our older adult and disabled population are conducted. This workshop will provide an overview of the many programs and services available to YOU. These programs and services aim to promote health, dignity, and well-being of Los Angeles residents, enhancing quality of life and aging in place. All services are available regardless of income.

Older Adult Scams

Presented by LA County Consumer and Business Affairs

ROOM G

Workshop Description: Older adults own more than half of all the financial assets in the United States. In Los Angeles County alone, the older adult population is estimated to double to more than 3 million people in the next decade. These factors make the older adult population a prime target for fraudulent practices. Around every corner is a possible scammer trying to trick you out of your hard-earned money. We can help you identify the some of the common signs of a scam and where to turn if you need assistance.



AFTERNOON WORKSHOPS

If you've served, you've earned!

**Presented by Los Angeles County Military Veterans Affairs
EXHIBIT HALL**

Workshop Description: If you've served, you've earned. The County of Los Angeles Department of Military and Veterans Affairs (DMVA) will present on the many veteran benefits available. Our Accredited counselors will discuss the eligibility requirements and opportunities for Veteran Pensions, Dependent College Fee Waivers, Aid and Attendance, Veteran Identifiers on California licenses, and much more.



NEED A RIDE TO GO TO THE DOCTOR?

NEED A RIDE TO THE MARKET?

**NEED A RIDE TO LIBRARY OR TO
THE BEACH?**



**Call the Los Angeles County
New Freedom Transportation Program**

1-888-863-7411



OPENING REMARKS



Terry Tornek was born and raised in New York City and moved to Pasadena from Massachusetts in 1982 to accept the position of Planning Director. He was hired due to his history of neighborhood improvement and historic preservation while serving as Planning Director of Springfield, MA. He also served as a member of the Springfield City Council. Terry was Pasadena's Planning Director for 3 years and helped to rewrite the Zoning Ordinance, the General Plan and establish the redevelopment plan for Old Pasadena.

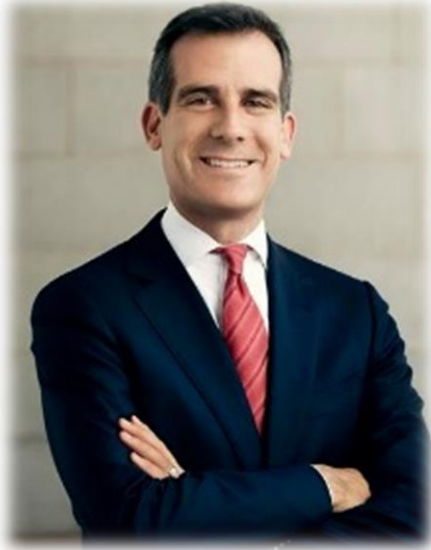
After leaving city government, Terry built a career in real estate as a developer and manager of residential & commercial properties all over Southern California. He remained active in Pasadena affairs through his 20-year service as a Board Member of Pasadena Neighborhood Housing Services, a non-profit organization devoted to affordable housing in Northwest Pasadena. In 2005 Sid Tyler appointed Terry to the Planning Commission. He also served as a member of the Design Commission. He was elected to represent District 7 on the City Council in April 2009, was reelected in 2013 and was then elected as Mayor in April 2015.

Mayor Tornek serves as Chairman of the Finance Committee, is a member of the Municipal Services and Legislative Policy Committees, is the City Council appointee to the Fire and Police Retirement Board, is Pasadena's representative to the San Gabriel Valley Council of Governments, and is President of the Burbank Airport Authority. He is deeply involved in the City's financial planning, affordable housing and the City's planning and development decision-making process.

Terry graduated from Princeton University's Woodrow Wilson School with a degree in Public and International Affairs. He also earned a Master of Science in Urban Planning from Columbia University's School of Architecture. He served in the Army National Guard and Reserves for 6 years.

Terry and his wife Maria have been married for 50 years. They have 3 children and 7 grandchildren.

OPENING REMARKS



Eric Garcetti is the 42nd Mayor of Los Angeles. His "back to basics" agenda is focused on job creation and solving everyday problems for L.A. residents.

Garcetti was elected four times by his peers to serve as President of the Los Angeles City Council from 2006 to 2012. From 2001 until taking office as Mayor, he served as the Councilmember representing the 13th District which includes Hollywood, Echo Park, Silver Lake, and Atwater Village -- all of which were dramatically revitalized under Garcetti's leadership.

Garcetti was raised in the San Fernando Valley and earned his B.A. and M.A. from Columbia University. He studied as a Rhodes Scholar at Oxford and the London School of Economics and taught at Occidental College and USC. A fourth generation Angeleno, he and his wife, Amy Elaine Wakeland, have a young daughter. He served in the U.S. Navy Reserve from 2005 to 2018 and is an avid jazz pianist and photographer.

OPENING REMARKS



Supervisor Hilda L. Solis was sworn in as Los Angeles County Supervisor for the First District of Los Angeles County on December 1, 2014.

Prior to becoming Supervisor, she served as Secretary of Labor. Supervisor Solis was confirmed on February 24, 2009, becoming the first Latina to serve in the United States Cabinet. Before that, Supervisor Solis represented the 32nd Congressional District in California, a position she held from 2001 to 2009.

In the Congress, Supervisor Solis' priorities included expanding access to affordable health care, protecting the environment, and improving the lives of working families. A recognized leader on clean energy jobs, she authored the Green Jobs Act which provided funding for "green" collar job training for veterans, displaced workers, at risk youth, and individuals in families under 200 percent of the federal poverty line.

In 2007, Supervisor Solis was appointed to the Commission on Security and Cooperation in Europe (the Helsinki Commission), as well as the Mexico — United States Interparliamentary Group. In June 2007, Solis was elected Vice Chair of the Helsinki Commission's General Committee on Democracy, Human Rights and Humanitarian Questions. She was the only U.S. elected official to serve on this Committee.

A nationally recognized leader on the environment, Supervisor Solis became the first woman to receive the John F. Kennedy Profile in Courage Award in 2000 for her pioneering work on environmental justice issues. Her California environmental justice legislation, enacted in 1999, was the first of its kind in the nation to become law.

Supervisor Solis graduated from California State Polytechnic University, Pomona, and earned a Master of Public Administration from the University of Southern California. A former federal employee, she worked in the Carter White House Office of Hispanic Affairs and was later appointed as a management analyst with the Office of Management and Budget in the Civil Rights Division.

OPENING REMARKS



Janice Hahn was elected to the Los Angeles County Board of Supervisors in November 2016. She represents the 4th district which stretches from Marina del Rey through the beach cities, the Palos Verdes Peninsula, the Harbor Area, Long Beach, through the Gateway Cities and east to Diamond Bar.

In her short time on the Board, Supervisor Hahn has already established herself as a leader in the struggle to end the current homelessness crisis, a champion for communities plagued by pollution and health problems, and a dynamic new voice on the Metro Board of Directors. Supervisor Janice Hahn inherited a passion for public service from her late father, Supervisor Kenneth Hahn, who held public office in Los Angeles County for fifty years and who left behind an incredible legacy of service. Before being elected to the Board of Supervisors, Janice Hahn served for ten years on the Los Angeles City Council and for five and a half years in Congress.

While in Washington, she served on the House Homeland Security Committee, Committee on Small Business, and the Committee on Transportation and Infrastructure. She earned nationwide recognition for founding the PORTS Caucus and recruited over 100 of her fellow House colleagues to advocate for ports issues and infrastructure. She has been a leader on efforts to rebuild our national freight infrastructure system, level the playing field for small business owners, and reducing gang violence in our communities. During her time in Congress, Hahn had a reputation for working to find common ground across the political aisle on behalf of the American people.

OPENING REMARKS



District Attorney Jackie Lacey has spent most of her professional life as a prosecutor, manager and executive in the Los Angeles County District Attorney's Office. On Dec. 3, 2012, she was sworn in as the 42nd District Attorney. She was re-elected four years later without opposition.

Her top priority is keeping the streets of Los Angeles County safe from violent and dangerous criminals. She is committed to safeguarding our children from human sex traffickers, our seniors from financial elder abuse and our communities from environmental crimes that threaten our health and our livelihood.

District Attorney Lacey has worked with business leaders on how best to protect consumers from computer network intrusions that jeopardize our bank accounts and credit ratings. She also remains committed to prosecuting government officials who violate the public's trust.

A Los Angeles native and graduate of the University of Southern California Law School, District Attorney Lacey leads the largest local prosecutorial office in the nation, with a workforce of approximately 1,000 lawyers, 300 investigators and 800 support staff employees.

She is the first woman and first African-American to serve as Los Angeles County District Attorney since the office was established in 1850.

Maintaining the office's tradition of pursuing justice, District Attorney Lacey established the Conviction Review Unit to assess claims of actual innocence based on newly discovered evidence. She also appointed the office's first Professional Responsibility Advisor.

District Attorney Lacey launched the Financial Elder Abuse Outreach Campaign to alert seniors about scams that target them and their assets. The effort was honored in 2014 with the Los Angeles County Quality and Productivity Commission's Top Ten Award.

Within the office, District Attorney Lacey has worked to improve the hiring and training of prosecutors as part of a continuing effort to assure the public that deputy district attorneys are maintaining the highest ethical standards.

OPENING REMARKS



As Los Angeles County's 27th Assessor, Jeffrey Prang leads the largest public assessment agency in the US. Working with a staff of over 1400 across six offices, Assessor Prang is responsible for the valuation of 2.56 million parcels worth more than \$1.47 trillion.

Since 2014, Assessor Prang has pioneered innovation in the assessment process, worked to restore public trust, and brought a renewed focus on excellence in service to the public. In September 2017, the International Association of Assessing Officers (IAAO) awarded the Los Angeles County Assessor's Office its Certificate of Excellence in Assessment Administration for these and other achievements, making it the first and only such agency in California to earn this accreditation.

As a California State Board of Equalization-licensed appraiser and a public servant with more than 25 years' experience, Assessor Prang is intimately familiar with the nuances of government. Prior to being elected Assessor, he served as a City Councilmember in West Hollywood, including four terms as Mayor. He was also an Assistant City Manager for Pico Rivera and a Special Assistant to former Assessor Kenneth P. Hahn.

Born in Detroit and raised in Warren, Michigan, Assessor Prang is a graduate of James Madison College at Michigan State University and has completed the Certificate Program for Senior Executives in State and Local Government at the Harvard Kennedy School.

OPENING REMARKS



On October 13, 2015, the Los Angeles County Board of Supervisors unanimously approved Sachi A. Hamai as the County's Chief Executive Officer. She is responsible for managing the day-to-day operations of the nation's largest municipal government, including oversight of the County's \$28 billion budget. As CEO, she also supports the Board's policy and programmatic leadership on numerous health, social services, criminal justice and quality of life programs and services.

Before her selection as Chief Executive Officer, Sachi served 10 months as the Interim CEO, selected by the Board of Supervisors in December 2014. Previously, Sachi was the Executive Officer for the Board of Supervisors from April 2006 to December 2014, supporting the accounting, procurement, personnel, payroll, technology, facility management and other administrative services of the Board.

Sachi held several positions in Auditor-Controller, supervising the operational, compliance, and financial reviews of many County departments, until her promotion to a management position with the Department of Health Services Inspection and Audit Team in November 1994. As Chief of the Audit and Compliance Division, Sachi developed and implemented the groundbreaking Health Authority Law Enforcement Task Force (HALT), a multi-agency program to deter illegal criminal activities threatening the public's health and well-being. Since its inception, HALT has conducted thousands of investigations, resulting in hundreds of arrests, confiscating millions of dollars in illegal drugs, and saving taxpayers millions of dollars in Medi-Cal funds.

From 2001, until her appointment as the Board's Executive Officer in 2006, Sachi was the Director of Administrative Services at the County's Department of Health Services, supervising the human resources, information technology, facilities management, and audit and compliance offices in the nation's second-largest public healthcare system.

Sachi is a passionate distance runner, completing her first marathon in St. George, Utah in 1997. She's participated in nearly 40 races in the past five years, from 5k's, to stair climbs, to marathons in Florida, Illinois, Nevada, and British Columbia, achieving a recent personal best time in the 2015 Tokyo Marathon.

OPENING REMARKS



Jonathan Sherin, M.D., Ph.D., is a longtime wellbeing advocate and the Director of the Los Angeles County Department of Mental Health (LACDMH). In this role, he oversees the largest public mental health system in the United States with a budget approaching \$2.5 billion and serving over 250,000 residents.

Prior to joining LACDMH, Dr. Sherin was chief medical officer and executive vice president of military communities for Volunteers of America, one of our nation's largest direct service non-profits. Over the years, he has also served in a variety of clinical, academic, teaching, and administrative leadership positions. In his last such post, Dr. Sherin directed mental health for the Miami VA Healthcare System and functioned as vice-chairman of the Department of Psychiatry at the University of Miami.

As an expert on veteran issues, Dr. Sherin has testified to Congress on challenges faced by members of the military community, specifically as they relate to trauma, recovery, reintegration, and the risk of homelessness and suicide. As a researcher, Dr. Sherin has published in the fields of neurobiology and psychiatry – including a seminal article in “Science” magazine that features his work identifying a core sleep circuit in mammals (the “sleep switch”). He also received the prestigious Kempf Award from the American Psychiatric Association for his conceptual model of the psychotic process.

Dr. Sherin is currently a volunteer clinical professor of psychiatry and behavioral sciences at both UCLA and the University of Miami.

OPENING REMARKS



Cynthia Banks was appointed Director of Los Angeles County Workforce Development, Aging and Community Services (WDACS) in 2006. She oversees a multitude of safety-net programs for LA County's residents, including: Adult Protective Services, the local Area Agency on Aging, Human Relations programs and Workforce Innovation and Opportunity Act programs. Her department provides support for the Commission for Older Adults, Workforce Development Board, Native American Indian Commission and the Human Relations Commission.

Currently, Cynthia is Vice President of California's Association of Area Agencies on Aging (C4A). She is a Board member of both the National Association of Area Agencies on Aging (N4A) and the American Society on Aging (ASA). She also serves on the Community Action Board of the Los Angeles Community Academic Partnership for Research in Aging (L.A. CAPRA) housed at the UCLA School of Medicine's Division of Geriatrics, and the Community Advisory Board of the USC Edward R. Roybal Institute on Aging. Cynthia is a founding member of the steering committee for the Los Angeles Alliance for Community Health and Aging (LAACHA), which endeavors to provide evidence-based programming to older adults in Los Angeles County.

In May 2016, she joined partners that included the City of Los Angeles, USC, UCLA, AARP and the Milken Institute to launch **Purposeful Aging Los Angeles**, a landmark, age-friendly initiative that seeks to improve the lives of older adults and Angelinos of all ages. In 2018, she led the County of Los Angeles Board of Supervisors' effort to adopt the Bringing Our Loved Ones Home Initiative, which is an interagency program that seeks to bring home those who have wandered as a result of Alzheimer's, Dementia, and Autism.

OPENING REMARKS



Laura Trejo was the first Latina appointed to the level of General Manager for the City of Los Angeles. She is responsible for the overall administration of the Los Angeles Department of Aging serving one of the largest and most diverse concentrations of older persons in the U.S. She serves as technical and policy advisor to the Mayor and City Council; and represents the City of Los Angeles before the public, community and private groups on matters affecting senior citizen affairs. In her previous post, Ms. Trejo served as the first District Chief for countywide older adult mental health for Los Angeles County.

She is currently the City's lead for *Purposeful Aging L.A.* an age-friendly initiative "to make the Los Angeles region the most age friendly in the world." Among her other activities, Ms. Trejo serves as a founding Co-Director/Investigator of the UCLA Los Angeles Community Academic Partnership for Research in Aging (LA CAPRA), Interim Director of the Los Angeles Foundation on Aging, and Executive Producer of *Aging Well in L.A.* an Emmy nominated magazine style public television program. Nationally, Ms. Trejo is active in the American Society on Aging currently serving on the Aging Today Editorial Advisory Committee and National Association of Area Agencies on Aging's Mission Forward Committee. Ms. Trejo has been invited to speak at more than 300 professional and scientific meetings and has authored and co-authored numerous articles, book chapters and reports.

Ms. Trejo was named by Los Angeles Magazine among the "50 Most Influential Women" and the United States Library of Congress has recognized Ms. Trejo's accomplishments as a force for social change. Ms. Trejo is a gerontologist with a Master of Science in Gerontology, Master of Public Administration and Graduate Certificate in Long Term Care Administration all from the University of Southern California.

KEY NOTE SPEAKER



Keck School
of Medicine
of USC

Laura Mosqueda, MD was appointed Interim Dean of the Keck School of Medicine of USC on October 6, 2017. Prior to her appointment as Interim Dean, Dr. Mosqueda, a Professor of Family Medicine and Geriatrics and a Professor at the USC Leonard Davis School of Gerontology, served as Associate Dean of Primary Care and the Chair of Family Medicine.

An accomplished physician and researcher, Dr. Mosqueda is a widely respected authority on geriatric and family medicine, elder justice and care of older adults and underserved. She was the president of the National Association of Academic Geriatric Programs and completed a two-year leadership scholars fellowship through the California HealthCare Foundation. She serves as the director of the National Center on Elder Abuse, a federally-funded initiative which focuses on information regarding policy, research, training, and resources related to the neglect and exploitation of older adults for policymakers, professionals, and the public. She is the principal investigator of several studies on elder mistreatment with funding from the Department of Justice, National Institutes of Health, Administration for Community Living, and the John A. Hartford Foundation. She has contributed numerous publications to peer-reviewed journals and served as co-editor on four (4) books about geriatric medicine. Her academic expertise also includes medical education curricula design, development and implementation.

In addition to Dr. Mosqueda's leadership in clinical care and research, she has been actively involved in the educational mission of the school. During her academic tenure, she has mentored medical students, graduate students, residents and clinical fellows. She is the faculty advisor for several student groups and precepts interprofessional health care students at a homeless shelter on Skid Row. She oversees the primary care initiative for students at the Keck School of Medicine of USC.

KEY NOTE SPEAKER

Awards

- Pasadena Magazine: Top Doctors of 2016, 2016
- PBS's Next Avenue: 50 Most Remarkable Influencers on Aging, 2015
- University of California, Irvine School of Medicine: Thomas C. Cesario Distinguished Clinician Award, 2013
- Orange County Medical Association: Physician of Excellence, 2013
- Best Doctors, Inc.: Best Doctor in America in Geriatric Medicine, 2013
- US Department of Justice: Award for Professional Innovation in Victim Services, 2011
- Orange County Chapter of the California Academy of Family Physicians: Physician of the Year Award, 2011
- CalOptima: Circle of Care Provider Award, 2010
- University of California, Irvine School of Medicine, Office of Educational Affairs: Department Chair/Division Chief Award for Excellence, 2010
- Best Doctors, Inc.: Best Doctor in America in Geriatric Medicine, 2010
- American Medical Student Association: Women Leaders in Medicine Award, 2010
- University of California, Irvine School of Medicine: Gold Humanism Honor Society Advisor, 2010
- Orange County Medical Association and Orange Coast Magazine: Physician of Excellence in Geriatrics/Family Medicine, 2010
- University of California, Irvine School of Medicine: Gold Humanism in Medicine Award, 2009
- Orange County Medical Association and Orange Coast Magazine: Physician of Excellence in Geriatrics/Family Medicine, 2009
- University of California Medical Center: ARISE Exemplary Performance Award, 2009
- University of California, Irvine Emeriti Association: Annual Outstanding Mentoring Award, 2009

GENERAL OPENING SESSION



KELLY HONDA
Public Policy Manager

Kelly Honda currently serves as the public policy manager at Alzheimer's Greater Los Angeles (ALZGLA) where she works to improve the lives of people living with Alzheimer's through strategic initiatives, building relationships, and empowering grassroots advocacy. Prior to ALZGLA, Kelly coordinated and advanced the policy priorities of 35 national Asian American, Native Hawaiian and Pacific Islander non-profits as the public policy manager at the National Council of Asian Pacific Americans (NCAPA). She also served as the Japanese American Citizens League (JACL) Mike Masaoka fellow in the Washington, D.C. office of Congressman Mike Honda, where she handled health policy issues and served as the staff lead for two bipartisan congressional caucuses. Kelly is a graduate of the University of California, San Diego, and a proud yonsei, fourth generation Japanese American.



SUSAN HOWLAND
Director of Education

Susan Chapman Howland, MSG, obtained her Master's Degree in Gerontology from the University of Southern California. Currently, she is the Director of Education at the Alzheimer's Greater Los Angeles, Susan is responsible for all educational programs and diversity efforts that include tailoring services to the cultural norms of ethnic communities. In this capacity, she oversees several nationally recognized programs serving dementia affected older adults and their caregivers throughout Los Angeles County. Her work in the Asian and Pacific Islander communities has been recognized through national awards from the National Caregiving Alliance/MetLife and the Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Award. Most recently, Susan received the 2014 Rosalynn Carter Leadership in Caregiving Award for her work with bringing the Savvy Caregiver Program to the State of California. Most recently, Susan was a Producer on a four-part telenovela called "Lost Memories."



GENERAL CLOSING SESSION



JEFF REEB,
Director

Jeff L. Reeb is the Director of the Office of Emergency Management for the Chief Executive Office. Before becoming the Director, he was the Access and Function Needs Coordinator for Los Angeles County.

Prior to joining the County, he served as a Deputy Fire Chief for the Long Beach Fire Department where he specialized in Incident Management, Homeland Security and Crisis Communication. He is a graduate of The Ohio State University and the Executive Leaders Program at the Center for Domestic and Homeland Security, Naval Postgraduate School, and has attended the Harvard Kennedy School of Government.



FREDDI SEGAL-GIDAN, PA, PhD

Freddi Segal-Gidan, PA, PhD, has devoted her career to the care of older adults and those with disabilities. She is currently director and of the USC/Rancho California Alzheimer's Disease Center (CADC) located at Rancho Los Amigos National Rehabilitation Center in Downey. She is a member of the clinical and research staff with the NIH-funded USC Alzheimer's Disease Research Center (ADRC), and serves as the leader of the outreach, recruitment and education (ORE) core. Dr. Segal-Gidan holds appointments as an assistant professor of clinical medicine in Neurology and Family Medicine at the Keck School of Medicine of USC and USC L. Davis School of Gerontology. She received her clinical training at the Johns Hopkins University, Health Associate Program, and completed the first PA fellowship (USC) in geriatric medicine. She was a member of the inaugural doctorate program in gerontology at the USC Davis School of Gerontology from which she received her doctorate in Gerontology-Public Policy in 1997 and subsequently completed a post-doctorate at USC in Aging and Alzheimer's Disease. As faculty for the USC GWEP she is involved in the training of health professional students from a variety of disciplines, through the innovative Interprofessional Geriatrics Curriculum.

WORKSHOP PRESENTERS



JACQUELINE BOYD

The Care Plan

PROUD TO BE OUT

Jacqueline Boyd brings passion and expertise to the field of aging and LGBTQ+ advocacy. A dynamic speaker, facilitator and entrepreneur, Jacqueline is the owner of The Care Plan. She is a co-founder of Project Fierce Chicago, an LGBTQ+ youth housing initiative. Jacqueline has the pleasure of sitting on the advisory board of Pride Action Tank, and the Services Committee for Little Brothers Friends of the Elderly. The Care Plan (www.the-care-plan.com) is the country's first LGBTQ+ centered care management company. The Care Plan's innovative model of client directed care provides advocacy, care navigation and advance planning for successful aging experiences.



KEVEN CHAVEZ

**LA County Department of
Consumer and Business Affairs (DCBA)**

OLDER ADULT SCAMS

Keven Chavez is the Public Information Officer for the County of Los Angeles Department of Consumer and Business Affairs (DCBA). Mr. Chavez has worked for DCBA since 2007 and assisted with numerous public awareness campaigns. Mr. Chavez moderates an annual series of 10 "Smarter Senior Forums" at senior centers across L.A. County. Keven is highly trained in Plain Language and participated in the "County's Core Writers' Group" to develop strategies to help government communicate in a way that everyone can easily understand. Part of a department team which received the 2009 L.A. County SuperStars award for Service Excellence and Organizational Effectiveness. Since 1976, DCBA has served consumers, businesses, and communities through education, advocacy, and complaint resolution. We work every day to educate consumers and small business owners about their rights and responsibilities, mediate disputes, investigate consumer fraud complaints, and enforce L.A. County's minimum wage ordinance.

WORKSHOP PRESENTERS



CYNTHIA EAR

Workforce Development, Aging and Community Services

AGING IN PLACE - SERVICES AND PROGRAMS AVAILABLE TO YOU

Cynthia Ear is a Human Services Administrator at the Los Angeles County Workforce Development, Aging and Community Services Area Agency on Aging. She currently works with various community-based agencies to provide crucial, life-enhancing programs and services for older adults throughout Los Angeles County. Ms. Ear's professional and personal experiences illustrate a strong proclivity towards civic engagement and public service. Thus, she began applying her interests in public administration and policy to an older adult population, with hopes of fostering an age-friendly focus across all sectors.



DR. HAYDEH FAKHRABADI, PSY.D., CP II

**LA County Department of Mental Health
Older Adult System of Care Bureau**

RESILIENCY – COPING WITH STRESS

Dr. Haydeh Fakhrabadi is a licensed Clinical Psychologist; she received her M.A. in Clinical Health Psychology in 2001 and graduated from Pepperdine University with a Doctoral degree in Clinical Psychology in 2006. Dr. Fakhrabadi has been employed by the Los Angeles County Department of Mental Health since 2008; she joined the Older Adult System of Care Administration in January of 2011. She works with Older Adult Prevention and Early Intervention Anti-Stigma and Discrimination and Suicide Prevention teams providing education to older adults, their support systems, and caregivers. She also provides mental health training to Farsi speaking older adults in the community. Dr. Fakhrabadi has been involved with Co-location and Mental Health Services Act (MHSA) housing projects.

WORKSHOP PRESENTERS



KATHY GLOSTER

LA County Treasurer and Tax Collector

PROPERTY TAXES 101

Kathy Gloster, Assistant Treasurer and Tax Collector, joined Los Angeles County in May 2004. She was appointed to the position of Assistant Treasurer and Tax Collector in October 2012; in this capacity, she oversees the Tax Collections Branch that is primarily responsible for public service related to the collection of property taxes. The Tax Collections Branch is the largest branch in the department with 184 employees. Prior to joining Los Angeles County, she worked for Lassen County in Northern California, and in private industry. She has 35 years of combined experience in property taxes, banking, and the real estate sector, and she holds a Bachelor's Degree in Accounting.



AILEEN HARPER

Center for Health Care Rights

MEDICARE KNOW YOUR RIGHTS!

Aileen Harper is the Executive Director of the Center for Health Care Rights (CHCR). CHCR is a non-profit advocacy organization dedicated to promoting access to quality health care for consumers. CHCR's direct service programs in Los Angeles County provide Los Angeles County residents with free Medicare and related health insurance education, counseling and advocacy services. Ms. Harper has 30 years' experience developing, implementing and managing health care advocacy programs. Ms. Harper has a BA from UC Berkeley and a masters' degree in health administration from the University of North Carolina at Chapel Hill.

WORKSHOP PRESENTERS



JENNY CHUNG MEJIA

**Justice in Aging
AGEnts FOR CHANGE**

Jenny joined Justice in Aging's Economic Security team in March 2017 in Los Angeles, CA and works on Supplemental Security Income-related issues. Prior to joining Justice in Aging, Jenny spent nearly ten (10) years working on promoting alternative measures of poverty, including the Elder Index, and providing programmatic, organizational, and legal services for nonprofits. During this time, Jenny cultivated and led statewide economic security initiatives comprised of diverse stakeholders. Through her work, Jenny developed and implemented programs and policies that change how funders, public agencies, politicians, service providers, advocates, and the media understand and structure poverty alleviation efforts, and trained hundreds of legal services attorneys on issues impacting nonprofit formation, governance, and activities. Jenny received her J.D. from UCLA School of Law, with a certificate from the David J. Epstein Program in Public Interest Law and Policy, and her B.A. from UC Berkeley.



JOYA MELISSA

HEALTHY LIVING – EXERCISE AND FOOD DEMONSTRATION

Joya Melissa, RD has been a registered dietitian for 20 years, specializing in older adult nutrition and diabetes education. She is a graduate of Le Cordon Bleu Culinary Arts program. Joya has been consulting with CNS for 12 years. She has 3 ½ years of experience conducting SNAP-Ed classes for older adults.

WORKSHOP PRESENTERS



BRANDI ORTON, MSG

St. Barnabas Senior Services
AGENTS FOR CHANGE

Brandi Orton holds a Master of Science degree in Gerontology and serves as the Director of Government Relations & Advocacy for St. Barnabas Senior Services of Los Angeles. Ms. Orton provides government relations for the non-profit and manages their advocacy arm, the Los Angeles Aging Advocacy Coalition (LAAAC). She coordinates educational visits with legislative representatives, advocacy strategies, holds press conferences and media events, organizes senior advocacy campaigns, and manages a team of senior advocacy volunteers known as the AGENTS4Change. In addition, Ms. Orton sits on the Business Development and Leadership teams at St. Barnabas and brings understanding of systems, infrastructure, strategic alliances and long-term objectives to the organization. Ms. Orton brings to this position nearly 10 years of experience in the field of Aging, particularly in the nonprofit sector. She previously served as Director of Real Connections, a program of Community Senior Services in Claremont, CA. In addition, she has significant experience working with older adults in other organizations, including St. Jude Medical Center, in Fullerton CA, as a Care Navigator, and at the Alzheimer's Association as Development Assistant and Program & Services Assistant. She is the creator, writer and director of 'Making the Moments Count', a 30-minute educational film on Alzheimer's disease, which the Alzheimer's Association, Orange County, has implemented in their core educational programming.



STEPHANIE A. STONE

Los Angeles County Military and Veterans Affairs
IF YOU'VE SERVED, YOU'VE EARNED!

The daughter of a United States Marine, Ramona Zarrella, Stephanie Stone is the Chief Deputy Director of the County of Los Angeles Department of Military and Veterans Affairs. She is a Navy Veteran who has used her 20 years of exemplary military service and over 14 years of nonprofit experience to support the Greater Los Angeles Veteran community since 1997. Stephanie was the first woman to serve as the Chair to Los Angeles Mayor's Military and Veteran Affairs Committee. She went on to serve as a Commissioner on the Los Angeles County Veterans Advisory Commission, and was elected to be the first female to hold its chairmanship. While on the Commission and as its sole female, she focused on the needs of all veterans with a special attention on female veterans. Today, she serves as Chair for Mayor Garcetti's Veterans Advisory Council where she is leading its attention on housing homeless veterans, and preventing veteran suicide. Stephanie Stone holds a Bachelor of Science degree from University of Southern Illinois, a Master of Public Administration (MPA) degree from University of San Francisco, was a Coro Fellow in Public Affairs in Los Angeles, and is currently a doctoral student studying Policy, Planning, and Development at the University of Southern California.

WORKSHOP PRESENTERS



MIGUEL ROBLETO

**Workforce Development, Aging and Community Services
AGING IN PLACE –
SERVICES AND PROGRAMS AVAILABLE TO YOU**

Miguel Robleto has been employed with the County of Los Angeles for the past 13 years. For the last 10 years, he has worked for Workforce Development, Aging and Community Services as an Adult Protective Services (APS) Field Social Worker, a Program Analyst for Area Agency on Aging (AAA), and a Human Services Administrator for APS Program and Planning Division. Mr. Robleto has assisted in the development and implementation of policies, procedures and contracts that are in place within the APS and AAA programs. Currently, he is charged with overseeing the

implementation and operations of the New Freedom Transportation Programs that are funded by the Federal Transportation Authority (FTA) and the Los Angeles County Metropolitan Transportation Authority (MTA). Mr. Robleto has a Bachelor of Arts degree in Psychology from California State University in Los Angeles and a Master of Public Administration from California State University in Northridge.



CAROL QUAN

**LA County Office of the Assessor
PROPERTY TAXES 101**

Carol Quan was raised in Los Angeles and graduated from the University of California at Los Angeles, with a Bachelor of Arts in Political Science and a Certificate in Business and Administration. Mrs. Quan has worked for over thirty-two years at the County of Los Angeles Office of the Assessor. She began her career in 1986 as a real property appraiser trainee and has risen through the ranks in assignments ranging from property valuations to special investigations. She now works in Public Affairs under the administration of Los Angeles County Assessor Jeffrey Prang.

GOING GREY IN LA EXHIBIT

“Going Gray in LA: Stories of Aging along Broadway”

Los Angeles is getting older. By 2030, one in five Angelenos will be over 65 years old. Following Broadway through the heart of downtown Los Angeles, journalist Ruxandra Guidi and photographer Bear Guerra have explored what it looks, sounds, and feels like to be aging in our city. These are some of the stories they encountered.

The rapid increase of older adults in Los Angeles will change the city. There will be even greater pressure on an already strained health care system, on Social Security, affordable housing, and other senior services. More families will live in multi-generational homes, and more individuals will be working well past the traditional retirement age.

But these challenges also represent new opportunities for our community. How will we address them? And how might they change our preconceived notions of old age? With more of us living longer and healthier lives, we have the chance as a society to redefine conventional ideas of what our “golden years” can and should be; to determine what really matters as we grow old in this big city.

For *Going Gray in LA: Stories of Aging along Broadway*, Guidi and Guerra spent a year exploring the lives of a diverse population of older adults. Their stories, featured on the radio, the web, and in public spaces such as this one, highlight citizens that often feel neglected and invisible.

Going Gray in LA was produced during 2016-2017 in collaboration with KCRW Public Radio, and with support from The Eisner Foundation. The radio stories, photo essays, and additional content can be found on the project website: kcrw.com/goinggrayinla.

For more of Guidi and Guerra’s work, please visit us at fonografiacollective.com.
For more information, please contact us at info@fonografiacollective.com

GOING GREY IN LA EXHIBIT

Featuring the artwork of Ruxandra Guidi and Bear Guerra



Ruxandra Guidi, a native of Caracas, Venezuela, tells stories through radio, photography, multimedia, the printed word, and public installations and events. She has worked as a reporter, editor, and producer for NPR's Latino USA, the BBC's The World, the Fronteras Desk, and covered KPCC Public Radio's Immigration and Emerging Communities beat in Los Angeles.

Bear Guerra is a photographer whose work explores the human impact of globalization, development, and social and environmental justice issues in communities typically underrepresented in the media. His images, photo essays, and multimedia stories have been published by the New York Times, the Wall Street Journal, The Atlantic, Le Monde, the BBC, NPR, and many others; and have been exhibited widely. Bear has been a finalist for a National Magazine Award in Photojournalism; and was a 2013-14 Ted Scripps Fellow in Environmental Journalism at the University of Colorado.

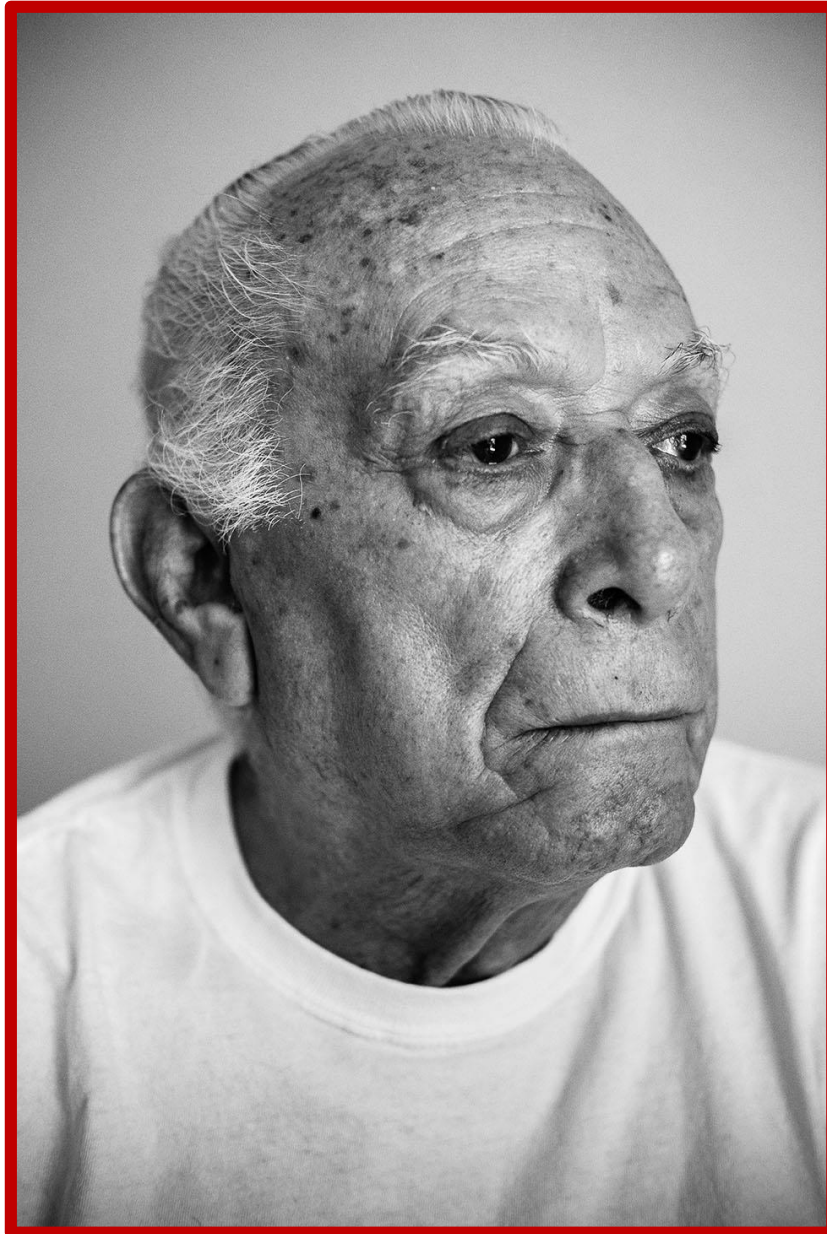
Ruxandra and Bear collaborate on extended documentary projects under the name [Fonografia Collective](#). They recently finished work on the year-long multimedia storytelling series [Going Gray in LA](#) with public radio station KCRW in Los Angeles, and are currently developing a storytelling project around the site of a future park on the Los Angeles River with Clockshop, a local arts organization, and California State Parks.

GOING GREY IN LA EXHIBIT



Orlando Estrada, 82, wears several rings crafted by his grandfather decades ago.

GOING GREY IN LA EXHIBIT



Miguel Borrayo, 89, is a long-time resident of Angelus Plaza, the largest affordable senior housing complex in the country and located in LA's Bunker Hill neighborhood downtown. Miguel is well-known as a volunteer and master of ceremonies at many events at Angelus.

Originally from Cuba, Miguel came to the United States when he was 52 years of age.

GOING GREY IN LA EXHIBIT

Ying Ya Yang, 86, has lived in a 120 square-foot room in a Lincoln Heights single room occupancy building for more than 16 years. "What I love most is my freedom," she says. "If I want to eat, I eat. If I want to go out, I go out. In the morning I do exercises over in Lincoln Park and I take the bus around the city... Those things keep me happy."



GOING GREY IN LA EXHIBIT



**Retired nurse and family caregiver, Michelle Cotton, 62 (center right), holds hands with family members during a group prayer on the lawn of her mother, Betty's house in Hanford, CA.
The family came together in 2016 to celebrate Betty's 81st birthday.**

GOING GREY IN LA EXHIBIT



Chuy Hernández (right) shares a slow dance with Olegario Martinez at the Lincoln Heights Senior Center's popular weekly dance.

Each Thursday afternoon, Spanish-speaking older adults from LA's Eastside gather for three hours of cumbia, salsa, and boleros.

GOING GREY IN LA EXHIBIT



In the early summer of 2016, Mae Matsumoto, 98, (right) enjoyed an outing to the Santa Monica Pier with other Japanese-American residents from a senior housing community in Little Tokyo.

GOING GREY IN LA EXHIBIT



Yingchang Song is a 68-year-old Chinese immigrant who gave up his life as a dentist and came to the U.S. in search of adventure after his wife passed away a decade ago. He now makes a meager living as a street musician in Chinatown.

GOING GREY IN LA EXHIBIT

The Zhous - both in their late 80's - were asked to leave their apartment in a Lincoln Heights single room occupancy (SRO) building after it was sold in 2016.

With nowhere to go, they were connected with the grassroots organization, Chinatown Community for Equitable Development, who helped the Zhous and other senior tenants in the building fight back.

For the time being, they are able to stay.



A look back at the 1st Annual Older Adult Summit



REMEMBER TO HONOR OLDER ADULTS

**OLDER
AMERICANS
MONTH**



ENGAGE AT EVERY AGE: MAY 2018

Every May, the Los Angeles County Commission for Older Adults and the Los Angeles County Board of Supervisors observe Older American's Month during the month of May. The 2018 theme: Engage at Every Age, emphasizes that you are never too old (or young) to take part in activities that can enrich your physical, mental, and emotional well-being. It also celebrates the many ways in which older adults make a difference in our communities.

Participating in activities that promote mental and physical wellness, offering your wisdom and experience to the next generation, seeking the mentorship of someone with more life experience than you “those are just a few examples of what being engaged can mean. No matter where you are in your life, there is no better time than now to start. We hope you will join in and Engage at Every Age!



COMMUNITY
SERVICES
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A Non-Profit Public Benefit-Corporation Sponsored by the Los Angeles Board of Supervisors



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Fernando Del Rio

Doug

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**THANK YOU TO THE
COMMUNITY SERVICES RESOURCES CORPORATION
FOR THEIR SUPPORT AND PARTNERSHIP WITH THE
2ND ANNUAL OLDER ADULT SUMMIT**



**Community Services Resource
Corporation (CSRC)**

The Community Services Resource Corporation (CSRC) is a proud partner of the 2018 Older Adult Summit.

The purpose CSRC is to raise funds that create programs and initiate collaborative ventures to improve the services provided by Workforce Development, Aging and Community Services (WDACS) and other County departments. Funds raised enhance the life of Los Angeles County families and older adults. The Corporation seeks funds, goods, and services from individuals, corporations, and donors. In addition, it seeks government funding or county discretionary funds to strengthen the delivery of social and human services.

Fernando Del Rio, CSRC President

**CSRC is a Non-Profit Public Benefit-Corporation Sponsored by the
Los Angeles County Board of Supervisors**



**THANK YOU TO THE LOS ANGELES COUNTY
FIRE DEPARTMENT**



PLATINUM SPONSOR



The Los Angeles County Department of Mental Health (LACDMH) is proud to be a part of the 2nd Annual Older Adult Summit, “Aging with a Purpose.”

DMH offers a wide array of services to foster wellbeing and purpose throughout the lifespan, as well as a comprehensive spectrum of specialized service tailored to meet unique needs of older adults with symptoms of a mental illness.

Please call
1-800-854-7771
to access the full
array of mental health
services and supports in
your local community.

Available services include the following:

- ◆ Field-based mental health services in the home or other community settings
- ◆ Information and education regarding mental health signs and symptoms
- ◆ Intensive mental health wrap around services (Full Service Partnership)
- ◆ Prevention & Early Intervention Services (PEI)
- ◆ Suicide Prevention
- ◆ Crisis Intervention
- ◆ Housing Retention
- ◆ Medication Management
- ◆ Volunteer Opportunities
- ◆ Peer Support

Jonathan E. Sherin, M.D., Ph.D.
Director

Carlotta Childs Seagle, L.C.S.W.
Deputy Director, Outpatient Services



OUR GOLD SPONSOR



Los Angeles
Foundation
On Aging



The mission of LAFA is to improve the quality of life for older adults and their families in the City of Los Angeles by improving upon and expanding existing services, and supporting new and innovative programs.

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REGISTRATION SPONSORS

Care1st Health Plan, an Affiliate of Blue Shield is a proud sponsor of the 2nd Annual Older Adult Summit and its mission to maximize the involvement and networking opportunities between older adults and providers.

www.care1st.com

Blue Shield of California and Care1st are independent licensees of the Blue Shield Association



CAREMORE

It's what we do.™

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Los Angeles County Office of Emergency Management
Los Angeles County Department of Public Health—Office of Women's Health
Los Angeles County Parks and Recreations
Los Angeles County Probation
Los Angeles County Public Defender
Los Angeles County Public Library
Los Angeles County Public Social Services
Los Angeles County Regional Planning
Los Angeles County Registrar-Recorder/ County Clerk
Los Angeles County Sheriff's
Los Angeles County Treasurer and Tax Collectors
Los Angeles County Workforce Development, Aging and Community Services
Los Angeles County Workforce Development, Aging and Community Services—Transportation
Metro TAP CARD
New Horizons
On the Move Riders Club
Papa and Barkley
Partners in Care
PASC-Personal Assistant Service Council
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Los Angeles County Office of Cannabis—Chief Executive Office
Los Angeles County Child Support Services
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Los Angeles County Consumer and Business Affairs
Los Angeles County District Attorney
Los Angeles County Human Resources
Los Angeles County LACERA
Los Angeles County Mental Health
Los Angeles County Military and Veterans Affairs
Los Angeles County Natural History Museum
Los Angeles County Office of Assessor
Los Angeles County Office of Emergency Management
Los Angeles County Department of Public Health—Office of Women's Health
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THANK YOU

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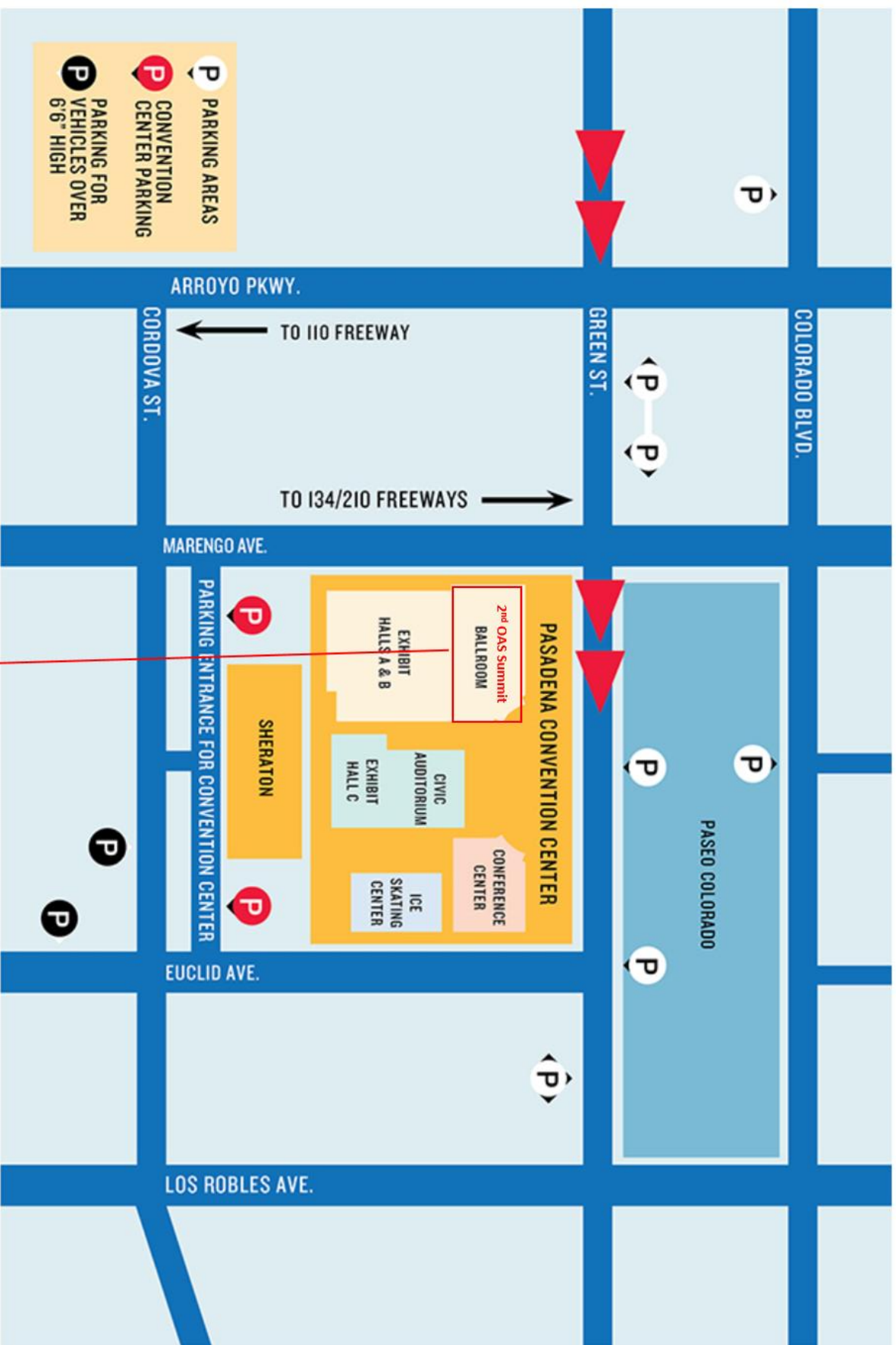
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Pasadena Convention Center



2nd Annual Older Adult Summit at Pasadena Convention Center

This image shows a blank sheet of white paper designed for handwriting practice. At the top, there is a solid yellow rectangular band. Below this band is a horizontal row of small grey dots. Further down, there are ten evenly spaced, solid grey horizontal lines that span the width of the page, providing a guide for letter height and placement. The entire page is otherwise empty, with no text or other markings.

[illegible]

[illegible]

We offer our gratitude to the following individuals who so generously contributed their time and talent to making this event a success!

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Mike Agostinelli
Mark Thibodeaux
Andrew Lau
Josephurs Ogunnaike
Scott Enriquez
Edwin Chang
Vanessa Aceves

Joel Diaz
Benjie Uy
Jeffrey Wang

Special Thanks

Los Angeles County Department of Mental Health
Community Services Resource Cooperation (CSRC)
Los Angeles Foundation on Aging
Los Angeles County Commission for Older Adults

Workforce Development,

Aging and Community Services

Cynthia D. Banks, Director
Otto Solórzano, Chief Deputy
Lorenza C. Sánchez, Assistant Director, Aging & Adult Services
Anna Avdalyan, Program Manager, AAA
Solomon Shibeshi, HSA II
Guillermo Medina, HSA I – Executive Director LACCOA

Graphic Design & Program

Lorenza C. Sanchez, Assistant Director
Anna Avdalyan, Program Manager
Solomon Shibeshi, Human Services Administrator II
Guillermo Medina, Human Services Administrator I
Rhonda Lewis, Executive Secretary III
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***“Aging with a Purpose...
“Enhancing the lives of Older Adults through Empowerment,
Engagement, and Active Living”***



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